

2018 30m Handicap Heat Results

| Place | Name | Club | Nom Time | Actual Time | Var |
|-------|--------------------|-------------------------|----------|-------------|-------|
| 1 | Val Hoggett | Coogee Diggers | 24.00 | 24.00 | - |
| 1 | Phil Short | Cronulla RSL | 18.00 | 18.00 | - |
| 3 | Tom Lamont | Wentworthville Leagues | 27.80 | 27.81 | 0.01 |
| 4 | Gene Trim | Ballina | 28.00 | 28.01 | 0.01 |
| 4 | Bill Fugar | Cobar Yabbies | 19.00 | 19.01 | 0.01 |
| 6 | Dan Brown | Bondi Junction Waverley | 23.00 | 22.98 | -0.02 |
| 6 | Mike Lindsay | Nelson Bay | 20.52 | 20.54 | 0.02 |
| 6 | Cherie Makrylos | Coogee Diggers | 20.00 | 19.98 | -0.02 |
| 9 | Helen O'Leary | Coogee Diggers | 34.50 | 34.52 | 0.02 |
| 9 | Rebecca Higgins | Manly Diggers | 33.00 | 32.98 | -0.02 |
| 11 | David Jones | Maroubra Diggers | 27.10 | 27.13 | 0.03 |
| 12 | Bronwyn Stanger | Southport Sharks | 22.50 | 22.47 | -0.03 |
| 12 | Mary Malouf | Bellingen Diggers | 22.00 | 21.97 | -0.03 |
| 14 | Peter Poppett | Cronulla RSL | 25.14 | 25.18 | 0.04 |
| 14 | Laurie Power | Bronte | 20.50 | 20.46 | -0.04 |
| 16 | Kerri Simon | Maroubra Diggers | 23.75 | 23.80 | 0.05 |
| 16 | Keith Bradshaw | Southport Sharks | 20.00 | 20.05 | 0.05 |
| 18 | Dennis Myers | Seven Hills | 22.25 | 22.31 | 0.06 |
| 18 | Rod Tutin | Bronte | 20.00 | 20.06 | 0.06 |
| 20 | Liz Andrews | Bondi Diggers | 43.00 | 43.06 | 0.06 |
| 21 | Sandra Genrich | Southport Sharks | 32.00 | 32.07 | 0.07 |
| 21 | Garry Trompp | Cronulla Leagues | 21.68 | 21.75 | 0.07 |
| 21 | Wayne Midson | Southport Sharks | 21.50 | 21.43 | -0.07 |
| 21 | Paul Swainston | Cobar Yabbies | 20.00 | 19.93 | -0.07 |
| 25 | Leanne Hastings | Southport Sharks | 20.00 | 19.92 | -0.08 |
| 26 | Mick McMahon | Coogee Diggers | 21.00 | 21.09 | 0.09 |
| 26 | Greg Marinan | Manly Leagues | 20.00 | 19.91 | -0.09 |
| 28 | Lesley Woodland | Cronulla RSL | 27.00 | 27.10 | 0.10 |
| 28 | Darryl Hurley | Southport Sharks | 18.00 | 17.90 | -0.10 |
| 30 | Gisela Weislehner | Coogee Diggers | 38.00 | 38.11 | 0.11 |
| 30 | Wendy Stanford | Southport Sharks | 35.00 | 34.89 | -0.11 |
| 30 | Adolf Muellner | Maroubra Diggers | 34.40 | 34.29 | -0.11 |
| 30 | Les King | Albury | 25.00 | 24.89 | -0.11 |
| 30 | Jim O'Mara | Ballina | 22.80 | 22.91 | 0.11 |
| 35 | Ann Stanger | Southport Sharks | 32.00 | 32.12 | 0.12 |
| 36 | Kelly Somerville | Coogee Diggers | 24.50 | 24.62 | 0.12 |
| 36 | Stephen Clark | Cobar Yabbies | 20.00 | 19.88 | -0.12 |
| 36 | Suzie Irvine | Coogee Diggers | 19.00 | 19.12 | 0.12 |
| 36 | Alan Kennedy | Maroubra Diggers | 19.00 | 18.88 | -0.12 |
| 40 | Peter Hopkins | Manly Leagues | 27.00 | 27.13 | 0.13 |
| 40 | John Scanlon | Coogee Diggers | 21.00 | 21.13 | 0.13 |
| 40 | Peter Sheean | Cronulla Leagues | 20.93 | 21.06 | 0.13 |
| 40 | Conrad Burge | Dee Why | 19.50 | 19.63 | 0.13 |
| 44 | Neil Buchanan | Bronte | 20.50 | 20.36 | -0.14 |
| 44 | David Cook | Manly Diggers | 20.00 | 19.86 | -0.14 |
| 44 | Jason Mable | Cronulla Leagues | 18.05 | 17.91 | -0.14 |
| 47 | Richard Bloomfield | Maroubra Diggers | 24.60 | 24.75 | 0.15 |

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|-------|-------------------|------------------------|----------|-------------|-------|
| 47 | John Stanford | Southport Sharks | 20.00 | 20.15 | 0.15 |
| 49 | Carmen Georgoulis | Souths Juniors | 22.53 | 22.38 | -0.15 |
| 50 | Carole Price | Coogee Diggers | 33.00 | 32.84 | -0.16 |
| 51 | Anthony Foley | Albury | 22.00 | 21.84 | -0.16 |
| 51 | Ian Davis | Grafton | 22.00 | 22.16 | 0.16 |
| 51 | Graham Dickie | Albury | 20.00 | 19.84 | -0.16 |
| 51 | John Hennessy | Cronulla RSL | 18.10 | 17.94 | -0.16 |
| 51 | Tim O'Rourke | Maroubra Diggers | 16.00 | 16.16 | 0.16 |
| 56 | Paul Sheridan | Bellingen Diggers | 20.45 | 20.27 | -0.18 |
| 56 | Peter Davis | Nerang | 20.00 | 20.18 | 0.18 |
| 58 | Peter Horsburgh | Maitland | 21.19 | 21.00 | -0.19 |
| 58 | Andy Alexander | Coogee Diggers | 19.50 | 19.69 | 0.19 |
| 58 | Peter Green | Cronulla Leagues | 18.24 | 18.43 | 0.19 |
| 61 | Rick Walker | Southport Sharks | 28.00 | 27.80 | -0.20 |
| 61 | Judy Walsh | Cronulla RSL | 27.00 | 27.20 | 0.20 |
| 63 | Kalem Bronner | Cronulla Leagues | 18.30 | 18.51 | 0.21 |
| 64 | Tiger Dunbar | Coogee Diggers | 23.00 | 23.22 | 0.22 |
| 64 | John Munro | Lismore | 22.00 | 21.78 | -0.22 |
| 66 | Karen Hardy | Wentworthville Leagues | 38.50 | 38.73 | 0.23 |
| 67 | Dave Mondientz | Southport Sharks | 25.00 | 24.77 | -0.23 |
| 67 | Dennis Morgan | Coogee Diggers | 24.50 | 24.27 | -0.23 |
| 67 | Craig Hicks | Bronte | 20.25 | 20.48 | 0.23 |
| 67 | Brad Howell | Cobar Yabbies | 19.00 | 19.23 | 0.23 |
| 67 | Steve Donnelly | Grafton | 19.00 | 19.23 | 0.23 |
| 67 | Robbie Allchin | Cronulla Leagues | 18.20 | 18.43 | 0.23 |
| 67 | Dennis Paul | Coogee Diggers | 17.00 | 17.23 | 0.23 |
| 74 | Steve Harper | Cronulla RSL | 18.80 | 19.04 | 0.24 |
| 75 | Bill Jury | Cronulla RSL | 27.00 | 27.25 | 0.25 |
| 75 | Eric Wood | Cronulla RSL | 26.26 | 26.01 | -0.25 |
| 75 | Rod Taylor | Southport Sharks | 16.00 | 16.25 | 0.25 |
| 78 | Paul Eggers | Southport Sharks | 25.50 | 25.76 | 0.26 |
| 79 | Nicki Vinnicombe | Bondi Diggers | 25.10 | 25.38 | 0.28 |
| 79 | Al Barry | Cronulla Leagues | 23.69 | 23.97 | 0.28 |
| 81 | Steve Howell | Cobar Yabbies | 20.00 | 20.28 | 0.28 |
| 81 | Jason Sellars | Manly Diggers | 19.00 | 18.72 | -0.28 |
| 83 | Dimity Holt | Coogee Diggers | 25.00 | 25.29 | 0.29 |
| 83 | Paul Munns | Gosford Diggers | 22.50 | 22.21 | -0.29 |
| 83 | Brian Williamson | Coogee Diggers | 18.00 | 18.29 | 0.29 |
| 86 | Deb Crowther | Cronulla Leagues | 25.08 | 24.78 | -0.30 |
| 87 | Stuart Foote | Bronte | 23.50 | 23.20 | -0.30 |
| 87 | Brett Green | Southport Sharks | 18.00 | 17.70 | -0.30 |
| 87 | Sean De Gelder | Southport Sharks | 16.00 | 16.30 | 0.30 |
| 90 | James Steinke | Lismore | 24.00 | 24.31 | 0.31 |
| 90 | Susan Bain | Wentworthville Leagues | 23.50 | 23.81 | 0.31 |
| 90 | Vic Burns | Maitland | 23.40 | 23.09 | -0.31 |
| 90 | Terry Mcgee | Bondi Diggers | 22.00 | 22.31 | 0.31 |
| 94 | Keran Durston | Maroubra Diggers | 19.20 | 19.51 | 0.31 |

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|-------|---------------------|-------------------------|----------|-------------|-------|
| 95 | Melanie Higgins | Manly Diggers | 25.00 | 24.68 | -0.32 |
| 95 | Matt Harland | Cobar Yabbies | 18.00 | 18.32 | 0.32 |
| 97 | Joy Cutler | Moree | 21.00 | 21.33 | 0.33 |
| 97 | Brian Power | Bronte | 18.50 | 18.83 | 0.33 |
| 99 | Catherine Boorer | Maitland | 21.37 | 21.04 | -0.33 |
| 100 | Dave Ritchie | Cronulla Leagues | 21.90 | 21.56 | -0.34 |
| 100 | Joe Gjedsted | Bondi Junction Waverley | 21.00 | 20.66 | -0.34 |
| 102 | Lesley Thwaites | North Bondi | 35.50 | 35.84 | 0.34 |
| 103 | Sue Levett | Manly Diggers | 32.00 | 32.35 | 0.35 |
| 103 | Paula Harding | Nerang | 24.00 | 24.35 | 0.35 |
| 103 | Don Taylor | Albury | 21.00 | 21.35 | 0.35 |
| 103 | Mick Gallagher | Manly Leagues | 20.00 | 20.35 | 0.35 |
| 103 | Bruce Smith | Southport Sharks | 20.00 | 19.65 | -0.35 |
| 103 | Scott Toomey | Cobar Yabbies | 18.00 | 18.35 | 0.35 |
| 109 | Corinne Pye | Cronulla Leagues | 23.54 | 23.18 | -0.36 |
| 109 | Steve Jones | Southport Sharks | 20.00 | 20.36 | 0.36 |
| 111 | Ted Woodbury | Albury | 22.00 | 22.37 | 0.37 |
| 112 | Trevor Menadue | Cobar Yabbies | 23.00 | 23.38 | 0.38 |
| 112 | Karla Roysten | Coogee Diggers | 20.00 | 19.62 | -0.38 |
| 114 | Susie Deegenars | Twin Towns | 24.00 | 24.39 | 0.39 |
| 115 | Brad Ryan | Coogee Diggers | 20.00 | 19.60 | -0.40 |
| 116 | Paul Cavanagh | Cronulla RSL | 20.49 | 20.90 | 0.41 |
| 117 | Ray Le-Guier | Seven Hills | 19.50 | 19.08 | -0.42 |
| 118 | Dave Ferrington | Gosford Diggers | 22.50 | 22.07 | -0.43 |
| 118 | Shane Darragh | Coogee Diggers | 19.50 | 19.93 | 0.43 |
| 118 | Nicola Logan | Coogee Diggers | 19.00 | 19.43 | 0.43 |
| 118 | Meaghan Lindwall | Maroubra Diggers | 19.00 | 19.43 | 0.43 |
| 118 | John Boyle | Maroubra Diggers | 17.00 | 17.43 | 0.43 |
| 123 | Jan Corrigan | Maitland | 27.50 | 27.06 | -0.44 |
| 124 | Peter Mudra | Bentleigh | 27.00 | 26.55 | -0.45 |
| 125 | Russell Tulk | Southport Sharks | 28.00 | 28.46 | 0.46 |
| 125 | Geoff Brownng | Ballina | 27.00 | 26.54 | -0.46 |
| 125 | Wendy Baker | Bentleigh | 27.00 | 27.46 | 0.46 |
| 125 | Steven O'Connell | Box Hill | 20.50 | 20.96 | 0.46 |
| 129 | Ian Pickering | Cronulla Leagues | 22.89 | 22.42 | -0.47 |
| 129 | Stephanie Dickinson | Blacktown Diggers | 20.00 | 20.47 | 0.47 |
| 131 | Gail Butler | Manly Diggers | 30.00 | 30.48 | 0.48 |
| 131 | Glen Hudson | Maitland | 20.95 | 20.47 | -0.48 |
| 131 | Noel Erickson | Manly Leagues | 20.00 | 20.48 | 0.48 |
| 134 | Caroline Gracie | Dee Why | 27.00 | 26.51 | -0.49 |
| 134 | Ian Bourke | Cronulla RSL | 25.25 | 24.76 | -0.49 |
| 134 | Ann Wood | Cronulla RSL | 24.90 | 24.41 | -0.49 |
| 134 | Sande Kreft | Manly Diggers | 23.00 | 23.49 | 0.49 |
| 138 | Sue Johnston | Manly Leagues | 29.00 | 29.50 | 0.50 |
| 138 | Jodie Green | Lismore | 20.00 | 20.50 | 0.50 |
| 138 | Mark O'Sullivan | Maroubra Diggers | 17.50 | 17.00 | -0.50 |
| 141 | Wal Badman | Seven Hills | 37.20 | 37.71 | 0.51 |

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|-------|--------------------|-------------------------|----------|-------------|-------|
| 142 | Jill Williams | Bellingen Diggers | 23.00 | 23.52 | 0.52 |
| 143 | Greg Mortlock | Coogee Diggers | 21.00 | 20.47 | -0.53 |
| 144 | Maureen Crowther | Cronulla Leagues | 23.00 | 23.54 | 0.54 |
| 145 | Pam Rodwell | Maitland | 29.88 | 29.33 | -0.55 |
| 145 | John McQueen | Gosford Diggers | 22.50 | 21.95 | -0.55 |
| 147 | Christian Roelvink | Manly Diggers | 33.00 | 32.44 | -0.56 |
| 148 | Peter Higgins | Ballina | 24.00 | 24.57 | 0.57 |
| 148 | Anthony Picone | Cronulla RSL | 18.45 | 17.88 | -0.57 |
| 150 | Jo Falla | Coogee Diggers | 30.00 | 30.58 | 0.58 |
| 151 | Rob Dickerson | Cobar Yabbies | 20.00 | 20.59 | 0.59 |
| 151 | Paul McNee | Manly Diggers | 20.00 | 19.41 | -0.59 |
| 151 | Katrina Broomfield | Nyngan | 20.00 | 19.41 | -0.59 |
| 151 | Paul Van Dam | Cronulla Leagues | 19.62 | 20.21 | 0.59 |
| 155 | Melissa Cohen | Wentworthville Leagues | 23.60 | 24.20 | 0.60 |
| 156 | Doug Rorke | Cobar Yabbies | 23.00 | 23.60 | 0.60 |
| 157 | Gordon Smillie | Southport Sharks | 22.50 | 21.89 | -0.61 |
| 157 | Rocky Veneris | Maroubra Diggers | 19.50 | 20.11 | 0.61 |
| 159 | Steve Lamy | Manly Diggers | 30.00 | 29.37 | -0.63 |
| 159 | Joanna Law | Lismore | 25.00 | 24.37 | -0.63 |
| 159 | Peter Hoggett | Coogee Diggers | 23.00 | 22.37 | -0.63 |
| 159 | Ingrid Moon | Cronulla RSL | 22.00 | 22.63 | 0.63 |
| 159 | Glen Robson | Nerang | 20.00 | 20.63 | 0.63 |
| 159 | Rob Jackson | Seven Hills | 21.80 | 22.43 | 0.63 |
| 165 | Peter Allison | Bellingen Diggers | 20.00 | 20.64 | 0.64 |
| 165 | Lisa Bennie | Lismore | 20.00 | 20.64 | 0.64 |
| 165 | Jacque McElhone | Lismore | 17.00 | 16.36 | -0.64 |
| 168 | Bob Fassetta | Bronte | 22.50 | 23.16 | 0.66 |
| 168 | Gary Headland | Manly Diggers | 20.00 | 20.66 | 0.66 |
| 170 | Jack LeBreton | Cronulla RSL | 26.00 | 26.67 | 0.67 |
| 171 | Silver | Maroubra Diggers | 27.00 | 26.32 | -0.68 |
| 171 | Carrol Daly | Cronulla RSL | 26.00 | 25.32 | -0.68 |
| 171 | John Carswell | Cobar Yabbies | 20.00 | 20.68 | 0.68 |
| 171 | Shane Josephson | Cobar Yabbies | 20.00 | 20.68 | 0.68 |
| 175 | Nick Westaway | Southport Sharks | 16.00 | 16.69 | 0.69 |
| 176 | Cheryl Poppett | Cronulla RSL | 25.20 | 24.50 | -0.70 |
| 176 | Laurie Dellanna | Souths Juniors | 21.50 | 22.20 | 0.70 |
| 176 | Andrew Bell | Bondi Junction Waverley | 19.50 | 20.20 | 0.70 |
| 176 | Andrew Hackworthy | Bronte | 17.00 | 17.70 | 0.70 |
| 180 | Pat Kirkman | Seven Hills | 25.85 | 26.56 | 0.71 |
| 181 | Jeanette Hart | Coogee Diggers | 42.50 | 43.22 | 0.72 |
| 181 | Kathleen Carmen | Albury | 23.00 | 23.72 | 0.72 |
| 183 | Kieran Iggo | Manly Diggers | 30.00 | 30.73 | 0.73 |
| 183 | Colin Mable | Cronulla Leagues | 26.20 | 25.47 | -0.73 |
| 183 | Michael Haney | Souths Juniors | 21.00 | 21.73 | 0.73 |
| 186 | Murray Harland | Cobar Yabbies | 18.00 | 18.75 | 0.75 |
| 187 | Robyn Fry | Manly Diggers | 32.00 | 31.24 | -0.76 |
| 187 | Caroline Durston | Maroubra Diggers | 18.00 | 18.76 | 0.76 |

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|-------|--------------------|-------------------------|----------|-------------|-------|
| 189 | Wes Walsh | Seven Hills | 26.75 | 25.97 | -0.78 |
| 189 | Prue Pavone | Coogee Diggers | 26.00 | 26.78 | 0.78 |
| 189 | Peter Simes | Coogee Diggers | 23.50 | 24.28 | 0.78 |
| 189 | Graham Burt | Cronulla Leagues | 20.53 | 19.75 | -0.78 |
| 189 | Reg Round | Maroubra Diggers | 19.50 | 20.28 | 0.78 |
| 189 | Stuart Small | Cobar Yabbies | 17.00 | 16.22 | -0.78 |
| 195 | Jan O'Brien | Cronulla Leagues | 29.43 | 30.22 | 0.79 |
| 196 | Paul Lawson | Cronulla Leagues | 18.19 | 17.40 | -0.79 |
| 197 | Robin Thomson | Wentworthville Leagues | 39.00 | 38.20 | -0.80 |
| 197 | Pam Amour | Cronulla Leagues | 25.51 | 26.31 | 0.80 |
| 199 | Liz Hoy | Bellingen Diggers | 24.00 | 24.81 | 0.81 |
| 199 | Sonja Beukers | Bellingen Diggers | 20.00 | 20.81 | 0.81 |
| 201 | Ian Dupree | Bondi Junction Waverley | 20.00 | 20.82 | 0.82 |
| 202 | Nicole Lipcombe | Blacktown Diggers | 33.00 | 32.17 | -0.83 |
| 202 | Caroline Glew | Southport Sharks | 26.00 | 26.83 | 0.83 |
| 204 | Lynn Barrington | Cronulla Leagues | 24.20 | 23.35 | -0.85 |
| 205 | Dean Elliott | Nelson Bay | 17.80 | 16.95 | -0.85 |
| 206 | Bob Clark | Cobar Yabbies | 19.00 | 18.14 | -0.86 |
| 206 | Paul Farrell | Maitland | 19.00 | 18.14 | -0.86 |
| 208 | Terry Sillett | Albury | 28.00 | 27.13 | -0.87 |
| 209 | Lynda Price | Coogee Diggers | 30.00 | 30.89 | 0.89 |
| 210 | Terry Mortimer (S) | Manly Diggers | 23.00 | 22.10 | -0.90 |
| 211 | Karen Haney | Souths Juniors | 32.00 | 31.09 | -0.91 |
| 211 | Rebecca Want | Ballina | 26.00 | 25.09 | -0.91 |
| 211 | Noel Markham | Manly Leagues | 26.00 | 26.91 | 0.91 |
| 214 | Toni Ensbey | Grafton | 38.00 | 37.07 | -0.93 |
| 214 | Ralph Appleby | Bronte | 24.00 | 23.07 | -0.93 |
| 214 | Bert Deegenars | Twin Towns | 21.00 | 21.93 | 0.93 |
| 217 | Angelina Kane | Bondi Junction Waverley | 57.00 | 56.06 | -0.94 |
| 218 | Belinda Jones | Maroubra Diggers | 25.50 | 24.56 | -0.94 |
| 218 | Wayne Rice | Cobar Yabbies | 23.00 | 22.06 | -0.94 |
| 218 | Mick Ousley | Coogee Diggers | 22.50 | 23.44 | 0.94 |
| 221 | Murray Westead | Coogee Diggers | 32.00 | 32.96 | 0.96 |
| 221 | Todd Elliott | Nelson Bay | 17.98 | 18.94 | 0.96 |
| 223 | Letitia Spence | Manly Diggers | 27.00 | 27.97 | 0.97 |
| 224 | Bruce Featherston | Southport Sharks | 18.00 | 18.98 | 0.98 |
| 225 | Jarvis Zochling | Manly Diggers | 25.00 | 23.99 | -1.01 |
| 226 | Gemma Van Dam | Cronulla Leagues | 20.93 | 19.90 | -1.03 |
| 227 | Gary Bennett | Coogee Diggers | 27.50 | 28.54 | 1.04 |
| 228 | Greg Dimond | Cobar Yabbies | 23.00 | 24.05 | 1.05 |
| 228 | Louise Horsburgh | Maitland | 18.50 | 19.55 | 1.05 |
| 230 | Paul Steiner | Coogee Diggers | 19.00 | 17.94 | -1.06 |
| 231 | Angela Roelvink | Manly Diggers | 30.00 | 28.92 | -1.08 |
| 231 | Margaret Wilkinson | Coogee Diggers | 28.00 | 29.08 | 1.08 |
| 231 | Donna Midson | Southport Sharks | 26.50 | 27.58 | 1.08 |
| 234 | Jimmy Parker | Coogee Diggers | 35.00 | 36.09 | 1.09 |
| 235 | Barbara MacIntosh | Coogee Diggers | 36.00 | 34.90 | -1.10 |

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| 235 | Tracey Trompp | Cronulla Leagues | 32.05 | 33.15 | 1.10 |
| 235 | Rod Roysten | Coogee Diggers | 21.50 | 20.40 | -1.10 |
| 238 | Campbell Mckellar | Bondi Junction Waverley | 25.50 | 24.38 | -1.12 |
| 238 | Doug Ensbey | Grafton | 25.00 | 23.88 | -1.12 |
| 240 | Ken Davidson | Cronulla RSL | 28.00 | 29.13 | 1.13 |
| 240 | Jennie Symonds | Maroubra Diggers | 24.50 | 25.63 | 1.13 |
| 242 | Laurie Trim | Ballina | 27.00 | 28.15 | 1.15 |
| 243 | Ron van Setten | Ballina | 23.00 | 21.84 | -1.16 |
| 244 | George Fowler | Cobar Yabbies | 27.00 | 25.83 | -1.17 |
| 244 | Alan Fuller | Southport Sharks | 21.00 | 22.17 | 1.17 |
| 246 | Alan Carlisle | Southport Sharks | 19.00 | 20.18 | 1.18 |
| 247 | John Sherrington | Gosford Diggers | 28.50 | 27.30 | -1.20 |
| 247 | Essy Law | Lismore | 26.00 | 27.20 | 1.20 |
| 249 | Rachel Lipscombe | Blacktown Diggers | 27.00 | 28.22 | 1.22 |
| 250 | Laurie Goddard | Cronulla Leagues | 23.60 | 24.83 | 1.23 |
| 251 | Sarah Roelvink | Manly Diggers | 23.00 | 21.77 | -1.23 |
| 252 | Jack Kirkland | Cronulla RSL | 23.45 | 24.69 | 1.24 |
| 253 | Mike Corrigan | Maitland | 20.50 | 21.76 | 1.26 |
| 254 | Peter White | Manly Diggers | 35.80 | 37.06 | 1.26 |
| 255 | Col Underwood | Albury | 28.00 | 26.73 | -1.27 |
| 256 | Terry Lorraine | Maitland | 21.40 | 22.67 | 1.27 |
| 257 | Ben Plush | Cobar Yabbies | 18.00 | 19.29 | 1.29 |
| 258 | Carol Pickering | Cronulla Leagues | 22.89 | 24.19 | 1.30 |
| 259 | Graeme Woolnough | Southport Sharks | 23.00 | 24.31 | 1.31 |
| 260 | Helen Little | Southport Sharks | 30.00 | 28.67 | -1.33 |
| 260 | Lynley Ravenwood | Nerang | 21.00 | 22.33 | 1.33 |
| 262 | Dianne Urquhart | Bronte | 27.60 | 28.95 | 1.35 |
| 263 | Joyce Grounds | Cronulla RSL | 26.00 | 27.35 | 1.35 |
| 263 | Bill Bertram | Cronulla RSL | 21.57 | 20.22 | -1.35 |
| 265 | Penny Houston | Manly Diggers | 31.00 | 29.62 | -1.38 |
| 266 | Dee Gordon | Lismore | 32.00 | 33.38 | 1.38 |
| 267 | Lizzy Lodge | Cronulla Leagues | 24.20 | 22.81 | -1.39 |
| 268 | Bernadette Kane | Bondi Junction Waverley | 36.00 | 34.60 | -1.40 |
| 269 | Bruce Towner | Lismore | 21.00 | 22.42 | 1.42 |
| 270 | Joan Ryan | Manly Diggers | 32.55 | 31.09 | -1.46 |
| 271 | Pat Kinghorn | Bondi Diggers | 32.00 | 30.54 | -1.46 |
| 272 | Joe Vickers | Cronulla Leagues | 21.43 | 22.91 | 1.48 |
| 273 | Barclay Dowling | Albury | 23.00 | 24.49 | 1.49 |
| 274 | Paul Clancy | Nelson Bay | 25.67 | 24.14 | -1.53 |
| 275 | Ed Semmens | Gosford Diggers | 26.50 | 28.04 | 1.54 |
| 276 | Mark Broomfield | Nyngan | 21.00 | 22.57 | 1.57 |
| 277 | Terry Smith | Southport Sharks | 24.00 | 25.58 | 1.58 |
| 278 | Bob Kelsall | Manly Diggers | 30.00 | 31.62 | 1.62 |
| 279 | Judy Saunders | Dee Why | 31.00 | 29.37 | -1.63 |
| 279 | Jack Trevan | Ballina | 27.00 | 28.63 | 1.63 |
| 281 | Mal Hayes | Nelson Bay | 34.74 | 33.11 | -1.63 |
| 282 | Arthur Cooke | Coogee Diggers | 24.50 | 26.15 | 1.65 |

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|-------|-------------------|-------------------------|----------|-------------|-------|
| 283 | Greg Davidson | Ballina | 21.00 | 22.66 | 1.66 |
| 284 | Vasil Hambov | Manly Leagues | 22.00 | 23.69 | 1.69 |
| 285 | Dick Whiteford | Nyngan | 23.00 | 24.72 | 1.72 |
| 286 | Narelle Calnan | Cronulla Leagues | 28.50 | 30.23 | 1.73 |
| 287 | Ross Veitch | Nelson Bay | 45.06 | 43.27 | -1.79 |
| 287 | Amanda Vockler | Bellingen Diggers | 26.50 | 28.29 | 1.79 |
| 289 | Kevin Newell | Twin Towns | 22.00 | 23.81 | 1.81 |
| 290 | Di Roy | Lismore | 32.00 | 33.81 | 1.81 |
| 291 | Bruce Houston | Manly Diggers | 33.00 | 34.84 | 1.84 |
| 292 | Greg Aird | Southport Sharks | 20.00 | 18.15 | -1.85 |
| 293 | Chris Butler | Lismore | 28.00 | 29.87 | 1.87 |
| 294 | Ian Goodman | Grafton | 20.00 | 21.88 | 1.88 |
| 295 | Cassandra Vockler | Bellingen Diggers | 25.00 | 26.89 | 1.89 |
| 296 | Brigid Lindhardt | Ballina | 27.00 | 28.90 | 1.90 |
| 297 | Elizabeth Russell | Bronte | 31.00 | 32.96 | 1.96 |
| 298 | Oonagh Power | Bronte | 28.00 | 29.97 | 1.97 |
| 299 | Divna Kusnich | Bronte | 33.00 | 34.98 | 1.98 |
| 300 | Hilton Levy | Bondi Junction Waverley | 31.50 | 29.52 | -1.98 |
| 301 | Elizabeth Roysten | Coogee Diggers | 22.00 | 24.01 | 2.01 |
| 302 | Anna Peston | Coogee Diggers | 32.00 | 34.03 | 2.03 |
| 303 | Eric Rees | Bondi Junction Waverley | 28.50 | 30.57 | 2.07 |
| 304 | Yoke Kingma | Manly Diggers | 30.00 | 32.10 | 2.10 |
| 305 | Lee Bootland | Maitland | 36.44 | 34.33 | -2.11 |
| 306 | Kathryn Stanger | Southport Sharks | 20.50 | 22.67 | 2.17 |
| 307 | Mandy Elley | Coogee Diggers | 21.00 | 23.18 | 2.18 |
| 308 | Anna Lucas | Lismore | 25.00 | 22.80 | -2.20 |
| 309 | Paul Hanna | Nelson Bay | 25.93 | 28.15 | 2.22 |
| 310 | Don Smith | Bondi Diggers | 30.00 | 27.76 | -2.24 |
| 311 | Kay Halls | Coogee Diggers | 28.50 | 30.75 | 2.25 |
| 311 | Shaun Tratnor | Coogee Diggers | 19.00 | 21.25 | 2.25 |
| 313 | John Allen | Seven Hills | 39.50 | 41.76 | 2.26 |
| 314 | Nick Donato | Seven Hills | 39.50 | 41.77 | 2.27 |
| 315 | Anne Mable | Cronulla Leagues | 32.81 | 35.10 | 2.29 |
| 316 | Max Miller | Southport Sharks | 32.00 | 34.34 | 2.34 |
| 317 | Rhonda Hill | Wentworthville Leagues | 43.07 | 40.72 | -2.35 |
| 317 | Peter VanDerGraff | Cronulla Leagues | 20.93 | 23.28 | 2.35 |
| 319 | Bill Van Sambeek | Bellingen Diggers | 23.00 | 25.40 | 2.40 |
| 320 | Elaine Miller | Wentworthville Leagues | 43.00 | 40.59 | -2.41 |
| 321 | Lisa Hackett | Coogee Diggers | 19.00 | 21.42 | 2.42 |
| 322 | Christine Devine | Coogee Diggers | 35.00 | 37.43 | 2.43 |
| 323 | Linda Elliott | Nelson Bay | 45.78 | 43.34 | -2.44 |
| 324 | Allie Trompp | Cronulla Leagues | 22.52 | 24.96 | 2.44 |
| 325 | Peter Kane | Bondi Junction Waverley | 29.00 | 26.55 | -2.45 |
| 326 | Karen Hawley | Nyngan | 23.00 | 25.46 | 2.46 |
| 327 | Graham Crowther | Cronulla Leagues | 20.50 | 18.02 | -2.48 |
| 328 | Bob McGregor | Coogee Diggers | 26.00 | 23.49 | -2.51 |
| 329 | Jeff Hart | Bondi Diggers | 22.50 | 25.02 | 2.52 |

2018 30m Handicap Heat Results

| Place | Name | Club | Nom Time | Actual Time | Var |
|-------|----------------------|------------------------|----------|-------------|-------|
| 330 | Wendy Butler | Lismore | 33.00 | 35.52 | 2.52 |
| 331 | Judith Watts | Souths Juniors | 28.75 | 31.30 | 2.55 |
| 332 | Colin Sweet | Souths Juniors | 23.20 | 25.79 | 2.59 |
| 333 | John Butterfield | Cronulla RSL | 24.00 | 21.39 | -2.61 |
| 334 | Graham Hayward | Nerang | 26.00 | 28.63 | 2.63 |
| 334 | Bob Williamson | Bronte | 25.50 | 28.13 | 2.63 |
| 336 | Sandy Picone | Cronulla RSL | 25.00 | 22.31 | -2.69 |
| 337 | Graham Allomes | Dee Why | 34.50 | 37.22 | 2.72 |
| 338 | Brian Russell | Bronte | 22.50 | 25.30 | 2.80 |
| 339 | Ivor Rees | Dee Why | 37.00 | 34.19 | -2.81 |
| 340 | Maggie Green | Bronte | 33.00 | 35.83 | 2.83 |
| 341 | Susan Green | Lismore | 35.00 | 32.16 | -2.84 |
| 342 | Renee Carroll | Cronulla Leagues | 19.62 | 22.47 | 2.85 |
| 343 | Noel Ryan | Manly Diggers | 32.43 | 29.52 | -2.91 |
| 344 | Ken Webb | Nelson Bay | 45.41 | 42.47 | -2.94 |
| 345 | Lorraine Poulos | Bronte | 34.00 | 31.05 | -2.95 |
| 346 | John Fisher | Manly Diggers | 30.00 | 33.15 | 3.15 |
| 347 | Ted Jolly | Wentworthville Leagues | 46.00 | 42.75 | -3.25 |
| 348 | Jennifer Evans | Coogee Diggers | 40.00 | 43.33 | 3.33 |
| 349 | Sabiha Blake | Nerang | 34.00 | 30.63 | -3.37 |
| 350 | Chris Paul | Coogee Diggers | 22.00 | 25.41 | 3.41 |
| 351 | Jean Harwood | Bondi Diggers | 40.20 | 43.63 | 3.43 |
| 352 | Debbie Smith | Grafton | 27.00 | 30.47 | 3.47 |
| 353 | Margaret Smillie | Southport Sharks | 32.50 | 36.16 | 3.66 |
| 354 | Maureen McCann | Wentworthville Leagues | 54.00 | 50.28 | -3.72 |
| 355 | Jackie Williamson | Bronte | 35.00 | 38.74 | 3.74 |
| 356 | Wally Northcott | Coogee Diggers | 37.00 | 33.23 | -3.77 |
| 357 | Yasmin Dehni-Stalker | Cronulla RSL | 39.00 | 35.19 | -3.81 |
| 358 | John Piercy | Coogee Diggers | 30.00 | 33.97 | 3.97 |
| 359 | Anne Meller | Bronte | 34.00 | 30.00 | -4.00 |
| 360 | Sueellen Symons | Coogee Diggers | 23.00 | 27.19 | 4.19 |
| 361 | Ray Dickens | Seven Hills | 28.80 | 24.59 | -4.21 |
| 361 | Keith Moses | Cronulla Leagues | 25.24 | 29.45 | 4.21 |
| 363 | Bob Postle | North Bondi | 41.00 | 36.76 | -4.24 |
| 364 | Joan Lester | Southport Sharks | 45.50 | 41.21 | -4.29 |
| 365 | Claude Tattersell | Seven Hills | 31.75 | 36.16 | 4.41 |
| 366 | Walter Dietrich | Souths Juniors | 34.00 | 38.42 | 4.42 |
| 367 | Jill Hayward | Nerang | 39.00 | 43.43 | 4.43 |
| 368 | Alison Lipscombe | Blacktown Diggers | 34.00 | 28.93 | -5.07 |
| 368 | Barbara Frankum | Dee Why | 34.00 | 28.93 | -5.07 |
| 370 | Max Kroehnert | Grafton | 45.00 | 39.55 | -5.45 |
| 371 | Denis Woodland | Cronulla RSL | 45.00 | 39.42 | -5.58 |
| 372 | Terry Doepel | Cronulla RSL | 40.00 | 46.22 | 6.22 |
| 373 | Simon Fry | Manly Diggers | 28.00 | 34.40 | 6.40 |
| 374 | Bruce Morton | Manly Diggers | 30.00 | 37.31 | 7.31 |
| 375 | Deb Darragh | Coogee Diggers | 25.00 | 33.94 | 8.94 |
| 376 | Laurie Lee | Bronte | 50.00 | 40.86 | -9.14 |

2018 30m Handicap Heat Results

| Place | Name | Club | Nom Time | Actual Time | Var |
|-------|-----------------|------------------|----------|-------------|--------|
| 377 | Sue Ousley | Coogee Diggers | 35.00 | 46.29 | 11.29 |
| 378 | Golda Lieberman | Bondi Diggers | 51.00 | 66.56 | 15.56 |
| 379 | Marj Smith | Southport Sharks | 60.00 | 76.62 | 16.62 |
| 380 | Sue Ritchie | Cronulla Leagues | 29.99 | 2.14 | -27.85 |