

2017 30m Handicap Heat Results%5B736%5D.xlsx

Place	Name	Club	Nom Time	Actual Time	Var
1	Rod Royston	Coogee Diggers	21.00	21.00	-
2	Adrian Morris	Cronulla Leagues	24.25	24.26	0.01
2	Margaret Wilkinson	Coogee Diggers	28.00	28.01	0.01
2	Steve Jones	Southport	21.50	21.49	-0.01
2	Trevor Menadue	Cobar Yabbies	23.00	22.99	-0.01
2	Wayne Midson	Southport	22.00	21.99	-0.01
7	Caroline Durston	Maroubra Diggers	19.00	18.98	-0.02
8	Bert Degenars	Twin Towns	22.00	22.03	0.03
8	Bill Bertram	Cronulla RSL	21.50	21.47	-0.03
10	Cherie Makrylos	Coogee Diggers	20.00	19.95	-0.05
11	Damien O'Mahony	Grafton	17.00	16.94	-0.06
12	Kane Gibbons	Nyngan	19.00	19.07	0.07
12	Pat Kinghorn	Bondi Diggers	30.50	30.57	0.07
12	Ray Le Guier	Seven Hills	18.90	18.97	0.07
15	David Gibbons	Nyngan	20.00	19.92	-0.08
15	Tiger Dunbar	Coogee Diggers	23.00	23.08	0.08
17	Colin Mcandrew	Seven Hills	29.12	29.03	-0.09
17	Judy Watts	Souths Juniors	28.75	28.84	0.09
19	Barclay Dowling	Albury	22.00	22.12	0.12
19	Grant Mcdonald	Cobar Yabbies	17.00	17.12	0.12
19	Laurie Goddard	Cronulla Leagues	23.50	23.62	0.12
19	Todd Elliott	Nelson Bay Diggers	19.00	19.12	0.12
23	Dave Ferrington	Gosford	21.50	21.63	0.13
24	Dennis Paul	Coogee Diggers	17.00	16.85	-0.15
24	Elenor Godley	Coogee Diggers	22.00	22.15	0.15
24	Troy Jamieson	Moree Diggers	17.00	16.85	-0.15
27	Linda Elliott	Nelson Bay Diggers	45.00	44.84	-0.16
28	Lynda Stilgoe	Bellingen Diggers	22.00	21.84	-0.16
28	Melissa Cohen	Wentworthville	23.90	23.74	-0.16
28	Terry Marsh	Grafton	23.00	22.84	-0.16
28	Terry Smith	Southport	26.50	26.34	-0.16
32	Ann Stanger	Southport	31.00	31.19	0.19
32	Bowen Flanagan	Ballina	18.00	18.19	0.19
32	Mick Gallagher	Manly Leagues	21.00	21.19	0.19
32	Stephen Clark	Cobar Yabbies	20.00	19.81	-0.19
36	Jen Annett	Twin Towns	21.00	21.22	0.22
36	Sonja Munnelly	Bellingen Diggers	21.00	21.22	0.22
38	Micheal Haney	Souths Juniors	20.75	20.98	0.23
38	Trudy Wilson	Southport	25.00	25.23	0.23
40	Donna Midson	Southport	27.00	26.76	-0.24
41	Kerrie Simon	Maroubra Diggers	24.20	24.44	0.24
42	Ann Watchirs	Bondi Diggers	45.00	45.25	0.25
42	Katrina Vagg	Nyngan	20.00	20.25	0.25
44	Ray Dickens	Seven Hills	26.80	27.06	0.26
44	Tom Lamont	Wentworthville	27.20	26.94	-0.26
46	John Callahan	Twin Towns	18.00	17.73	-0.27
47	Adolf Muellner	Maroubra Diggers	31.00	30.72	-0.28
48	Paul Damkjaer	Cronulla RSL	19.00	18.71	-0.29
48	Paul Wheeler	Southport	19.50	19.79	0.29
48	Robbie Allchin	Cronulla Leagues	18.50	18.21	-0.29

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Place	Name	Club	Nom Time	Actual Time	Var
51	Steve Luman	Southport	18.00	17.70	-0.30
52	Bob Clark	Cobar Yabbies	19.00	19.31	0.31
52	Kim Hawthorne	Twin Towns	19.00	19.31	0.31
54	Peter Barlow	Southport	24.00	23.68	-0.32
55	Andrew Bell	Bondi Junction Waverley	19.50	19.17	-0.33
55	Sue Deegenars	Twin Towns	24.00	23.67	-0.33
57	Alan Barry	Cronulla Leagues	23.36	23.69	0.33
57	Steve Harper	Cronulla RSL	19.80	19.47	-0.33
59	Judy Keam	Moree Diggers	24.00	24.35	0.35
60	Bruce Smith	Southport	19.00	19.38	0.38
60	Dennis Morgan	Coogee Diggers	24.00	23.62	-0.38
60	Keran Durston	Maroubra Diggers	20.00	20.38	0.38
60	Noel Erickson	Manly Leagues	19.50	19.88	0.38
60	Zak Kimber	Southport	18.00	18.38	0.38
65	Amanda Nutt	Grafton	23.50	23.09	-0.41
65	Gary Reiha	Seven Hills	23.64	23.23	-0.41
65	Graeme Woolnough	Southport	23.50	23.91	0.41
65	Peter Davis	Nerang RSL	21.00	20.59	-0.41
69	Paul Sheridan	Bellingen Diggers	20.30	20.72	0.42
70	Bidgit Lindhardt	Ballina	29.00	29.42	0.42
71	Jack Trevan	Ballina	27.00	26.57	-0.43
72	Dave Ritchie	Cronulla Leagues	21.46	21.90	0.44
73	Melanie Higgins	Manly Diggers	25.00	25.44	0.44
74	Ron Van Setten	Ballina	24.00	23.53	-0.47
75	Eddie Neale	Coogee Diggers	22.00	22.49	0.49
75	Kelly Sommerville	Coogee Diggers	25.00	24.51	-0.49
77	Maggie Green	Bronte	37.50	37.01	-0.49
78	Andy Alexander	Coogee Diggers	21.00	20.50	-0.50
78	Bob Owen	Grafton	25.00	25.50	0.50
78	Catherine Davis	Moree Diggers	22.00	21.50	-0.50
78	Deirde Gordon	Lismore Diggers	31.00	30.50	-0.50
78	Greg Mortlock	Coogee Diggers	21.00	21.50	0.50
78	Susan Bain	Wentworthville	25.10	25.60	0.50
84	Bob Fassetta	Bronte	22.00	22.51	0.51
84	Brent Anderson	Twin Towns	24.00	24.51	0.51
84	Richard Whiteford	Nyngan	23.50	24.01	0.51
84	Stuart Cooney	Coogee Diggers	28.00	28.51	0.51
88	Amanda Vockler	Bellingen Diggers	26.90	27.42	0.52
89	John Veneris	Maroubra Diggers	20.00	20.53	0.53
90	Alan Kennedy	Maroubra Diggers	18.80	19.34	0.54
91	Wendy Stanford	Southport	34.00	33.45	-0.55
92	Doug Rorke	Cobar Yabbies	23.00	23.55	0.55
93	Melissa Fraser	Twin Towns	24.00	23.44	-0.56
94	Guy Hawthorne	Twin Towns	29.00	29.57	0.57
94	Lynda Price	Coogee Diggers	31.00	30.43	-0.57
94	Sarah Dougherty	Grafton	29.00	29.57	0.57
94	Wes Walsh	Seven Hills	25.78	25.21	-0.57
98	Bill Harris	Manly Diggers	21.00	21.58	0.58
98	Darryl Hurley	Southport	18.00	17.42	-0.58
100	Mark Broomfield	Nyngan	19.50	20.09	0.59

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100	Mark O'Sullivan	Maroubra Diggers	16.30	16.89	0.59
102	Leah Brunton	Lismore Diggers	20.00	20.60	0.60
102	Mark Watson	Ballina	24.00	23.40	-0.60
104	Kalem Bronner	Cronulla Leagues	18.91	18.30	-0.61
104	Leanne Hastings	Southport	18.50	19.11	0.61
104	Neil Buchanan	Bronte	20.50	21.11	0.61
107	Dannielle Urquhart	Bronte	22.00	22.63	0.63
107	Ron Giveen	Manly Leagues	21.00	21.63	0.63
109	Belinda Jones	Maroubra Diggers	25.50	24.86	-0.64
109	Lynn Barrington	Cronulla Leagues	23.56	24.20	0.64
111	Belinda Stanford	Southport	22.50	23.15	0.65
111	Michael Lloyd	Maroubra Diggers	25.00	25.65	0.65
111	Sue Ritchie	Cronulla Leagues	29.34	29.99	0.65
114	Jason Mable	Cronulla Leagues	17.40	18.05	0.65
115	Maureen Crowther	Cronulla Leagues	23.10	23.76	0.66
116	Kevin Newell	Twin Towns	22.00	22.68	0.68
117	Ian Davis	Grafton	21.00	21.70	0.70
117	Nicki Vinnicombe	Bondi Diggers	25.00	25.70	0.70
119	Diane Walsh	Bondi Diggers	42.00	42.71	0.71
119	Toni Cameron	Twin Towns	27.00	26.29	-0.71
121	Greg Davidson	Ballina	22.00	22.72	0.72
121	Lesley Thwaites	North Bondi	36.00	35.28	-0.72
123	Sue Levett	Manly Diggers	33.00	32.26	-0.74
124	Gary Williamson	Maroubra Diggers	20.50	21.25	0.75
125	Anne Mable	Cronulla Leagues	32.03	32.81	0.78
125	Bruce Durrington	Grafton	17.00	17.78	0.78
125	John Boyle	Maroubra Diggers	17.50	18.28	0.78
125	Rick Higgins	Manly Diggers	30.00	29.22	-0.78
129	Roger Covell	Seven Hills	32.19	32.98	0.79
129	Wayne Rice	Cobar Yabbies	23.00	22.21	-0.79
131	Paul Lawson	Cronulla Leagues	17.40	18.19	0.79
132	Peter Green	Cronulla Leagues	17.44	18.24	0.80
133	Gail Butler	Manly Diggers	31.00	30.19	-0.81
133	Kathryn Stanger	Southport	22.50	23.31	0.81
133	Mark Davis	Moree Diggers	18.50	19.31	0.81
133	Murray Harland	Cobar Yabbies	18.00	18.81	0.81
137	David Moon	Grafton	15.00	15.81	0.81
138	Gordon Smillie	Southport	23.00	23.82	0.82
138	Greg Aird	Southport	18.50	19.32	0.82
138	John Stanford	Southport	19.00	19.82	0.82
138	Scott Toomey	Cobar Yabbies	18.00	18.82	0.82
142	Jim O'Mara	Ballina	23.00	23.83	0.83
143	Alison Lipscombe	Blacktown Diggers	31.00	30.16	-0.84
143	Dimity Holt	Coogee Diggers	24.00	24.84	0.84
143	Mick McMahon	Coogee Diggers	21.00	21.84	0.84
143	Steve Donnelly	Grafton	18.00	18.84	0.84
147	Robert Jackson	Seven Hills	21.50	22.35	0.85
148	Greg Marinan	Manly Leagues	20.00	20.86	0.86
148	John Wainwright	Grafton	19.80	20.66	0.86
150	Pam Layt	Twin Towns	26.00	25.13	-0.87

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Place	Name	Club	Nom Time	Actual Time	Var
151	Silver	Maroubra Diggers	27.50	28.38	0.88
152	Matt Barlow	Cronulla RSL	25.00	25.89	0.89
153	Brian Power	Bronte	18.00	18.90	0.90
153	Cliff Deane	Gosford	21.50	22.40	0.90
153	Peter Allison	Bellingen Diggers	21.00	21.90	0.90
156	Glen Robson	Nerang RSL	20.00	20.91	0.91
157	Peter Higgins	Ballina	24.00	24.92	0.92
158	Brad Ryan	Coogee Diggers	21.00	20.07	-0.93
158	Suzie Irvine	Coogee Diggers	20.00	19.07	-0.93
160	Les King	Albury	23.00	23.94	0.94
160	Murray Welstead	Coogee Diggers	31.00	31.94	0.94
162	Greg Green	Southport	21.50	22.46	0.96
162	Jeanie Mckenzie	Twin Towns	24.00	24.96	0.96
164	Geoff Simkus	Grafton	21.00	21.97	0.97
165	Bruce Featherston	Southport	18.00	18.98	0.98
165	Joe Vickers	Cronulla Leagues	20.45	21.43	0.98
165	Kate Grigg	Southport	22.50	23.48	0.98
168	Don Taylor	Albury	19.00	19.99	0.99
169	Karen Hardy	Wentworthville	37.00	36.00	-1.00
170	Warwick Dredge	Twin Towns	20.00	21.01	1.01
171	Anthony Foley	Albury	21.00	22.02	1.02
172	Garry Trompp	Cronulla Leagues	20.65	21.68	1.03
173	Bob Postle	North Bondi	40.00	41.04	1.04
174	Rebecca Higgins	Manly Diggers	34.00	32.95	-1.05
175	John Jacobson	Lismore Diggers	22.00	23.05	1.05
176	Alan Fuller	Southport	22.00	23.06	1.06
176	Jim McKenzie	Twin Towns	24.00	25.06	1.06
176	John Atkins	Moree Diggers	26.00	24.94	-1.06
176	Noel Radburn	Gosford	22.50	23.56	1.06
180	Margaret Smillie	Southport	34.00	35.08	1.08
181	Paul Munns	Gosford	21.50	22.60	1.10
182	Carole Price	Coogee Diggers	34.00	32.89	-1.11
182	Jill Williams	Bellingen Diggers	22.80	23.91	1.11
182	Rachel Lipscombe	Blacktown Diggers	28.00	26.89	-1.11
185	Dianne Urquhart	Bronte	26.50	27.62	1.12
185	Stuart Noble	Southport	20.00	18.88	-1.12
187	Brian Williamson	Coogee Diggers	19.00	20.18	1.18
188	Geoff Browning	Ballina	27.00	25.80	-1.20
188	Graham Dickie	Albury	20.00	18.80	-1.20
188	Harvey Green	Bronte	22.00	20.80	-1.20
191	Paula Harding	Nerang RSL	24.00	25.21	1.21
191	Ross Veitch	Nelson Bay Diggers	44.00	45.21	1.21
193	Lynley Ravenwood	Nerang RSL	20.00	21.22	1.22
194	Lisa Hedge	Cronulla RSL	24.99	23.76	-1.23
195	Craig Hicks	Bronte	19.00	20.25	1.25
195	Jack Lebreton	Cronulla RSL	28.00	26.75	-1.25
195	Jack O'Neil	Moree Diggers	25.00	26.25	1.25
198	Paul Cavanagh	Cronulla RSL	19.21	20.49	1.28
199	Mick Cogan	Manly Leagues	24.00	25.28	1.28
200	Dennis Myers	Seven Hills	21.83	23.13	1.30

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Place	Name	Club	Nom Time	Actual Time	Var
201	Bruce Towner	Lismore Diggers	20.00	21.31	1.31
202	Doug Ensbey	Grafton	24.00	25.32	1.32
202	Helen Little	Southport	28.00	29.32	1.32
204	Barbra Macintosh	Coogee Diggers	35.00	36.33	1.33
204	Rod Taylor	Southport	17.00	18.33	1.33
206	Di Roy	Lismore Diggers	34.00	32.65	-1.35
207	Bizza Royston	Coogee Diggers	22.00	23.36	1.36
207	Ross Durey	Twin Towns	18.00	19.36	1.36
209	Keith Moses	Cronulla Leagues	24.84	26.24	1.40
210	Don Forsyth	Nelson Bay Diggers	22.20	23.62	1.42
211	Colin Mable	Cronulla Leagues	24.72	26.20	1.48
211	Paul McNee	Manly Diggers	18.00	19.48	1.48
213	Barry Jurd	Twin Towns	20.00	21.50	1.50
213	Dave Mondientz	Southport	25.00	26.50	1.50
215	Alan Carlisle	Southport	19.00	20.51	1.51
216	Lin Kennedy	Twin Towns	26.00	24.48	-1.52
217	Elaine Bell	Southport	29.00	30.53	1.53
217	Rodger Lodewyk	Nerang RSL	25.00	26.53	1.53
219	Shane Josephson	Cobar Yabbies	20.00	21.54	1.54
220	Anne Simkus	Grafton	25.00	26.55	1.55
220	Terry Barnes	Grafton	20.50	22.05	1.55
222	Joan Harper	Cronulla Leagues	35.62	34.03	-1.59
223	Ann Wood	Cronulla RSL	24.50	26.09	1.59
223	John Carswell	Cobar Yabbies	20.00	21.59	1.59
223	Larry Mcgeechan	Nerang RSL	30.00	28.41	-1.59
226	Roxy Byrne	Coogee Diggers	24.00	25.63	1.63
227	Joy Cutler	Moree Diggers	20.00	21.64	1.64
228	Ian Sharp	Manly Leagues	20.00	21.65	1.65
228	Scott Flanagan	Ballina	18.00	19.65	1.65
230	Susan Green	Lismore Diggers	32.00	33.66	1.66
231	Debbie Hurley	Southport	28.00	29.66	1.66
232	Michael Jamieson	Moree Diggers	18.50	20.17	1.67
233	Owen Small	Cobar Yabbies	17.00	18.68	1.68
234	Matt Harland	Cobar Yabbies	17.00	18.69	1.69
235	Simon Fry	Manly Diggers	29.00	27.27	-1.73
236	Andrew Madden	Grafton	20.00	21.74	1.74
237	Adrian Gibbons	Nyngan	21.00	19.25	-1.75
237	Jackie Williamson	Bronte	40.00	41.75	1.75
239	John Wilson	Coogee Diggers	24.00	25.76	1.76
240	Paul Swainston	Cobar Yabbies	19.00	20.78	1.78
241	Jeff Hart	Bondi Diggers	22.50	24.29	1.79
242	Michael Navin	Bellingen Diggers	22.00	23.80	1.80
243	John Piercy	Coogee Diggers	23.00	24.82	1.82
244	Stuart Small	Cobar Yabbies	15.00	16.85	1.85
245	Darrell Wallace	Ballina	27.00	28.90	1.90
245	Greg Dimond	Cobar Yabbies	23.00	24.90	1.90
247	Eric Wood	Cronulla RSL	25.15	27.05	1.90
248	Chris Green	Southport	19.00	17.07	-1.93
249	Lindsay Penfold	Moree Diggers	23.00	24.97	1.97
250	Joan Ryan	Manly Diggers	36.00	33.98	-2.02

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251	Toni Ensbey	Grafton	38.00	35.94	-2.06
252	Max Miller	Southport	32.00	34.15	2.15
253	Tony Hay	Manly Leagues	18.00	20.18	2.18
254	Brian Russell	Bronte	19.00	21.19	2.19
255	Debbie Smith	Grafton	28.00	30.20	2.20
256	Bec Want	Ballina	21.00	23.22	2.22
257	Neil Burden	Twin Towns	18.00	20.25	2.25
258	Jim Ryan	Souths Juniors	29.80	32.07	2.27
259	Graham Burt	Cronulla Leagues	18.25	20.53	2.28
260	Ian Goodman	Grafton	20.00	22.30	2.30
261	Karen Haney	Souths Juniors	34.10	36.41	2.31
262	Jay Neville	Southport	22.50	24.81	2.31
263	Sandra Genrich	Southport	30.50	32.84	2.34
264	Christian Roelvink	Manly Diggers	33.00	35.35	2.35
264	Derek Muller	Moree Diggers	15.00	17.35	2.35
266	Paul Rugg	Cronulla RSL	21.23	23.60	2.37
267	Janette Hart	Coogee Diggers	45.00	42.62	-2.38
268	Stephen Day	Souths Juniors	18.75	21.17	2.42
269	Lawrence Trim	Ballina	28.00	30.50	2.50
270	Tony Prest	Gosford	29.00	26.46	-2.54
271	Sue Johnston	Manly Leagues	28.00	30.56	2.56
272	Bruce Morton	Manly Diggers	30.00	27.41	-2.59
273	Colin Sweet	Souths Juniors	21.40	24.03	2.63
274	Lynne Harris	Manly Diggers	31.00	33.64	2.64
274	Mel Conlin	Southport	31.50	34.14	2.64
276	Tracey Trompp	Cronulla Leagues	28.45	31.13	2.68
277	Rosalie Reed	Southport	32.50	35.20	2.70
278	Helen O'Leary	Coogee Diggers	34.00	36.71	2.71
278	Stuart Foorte	Bronte	21.00	23.71	2.71
280	Bob Shepherd	Nerang RSL	25.00	27.73	2.73
281	Ben Plush	Cobar Yabbies	18.00	20.75	2.75
281	Didey Roberts	Nerang RSL	26.00	28.75	2.75
283	Kay Halls	Coogee Diggers	27.00	29.80	2.80
284	Graham Crowther	Cronulla Leagues	17.65	20.50	2.85
285	Mal Hayes	Nelson Bay Diggers	35.00	32.05	-2.95
286	Elizabeth Russell	Bronte	28.00	31.01	3.01
287	Jean Harwood	Bondi Diggers	42.60	45.64	3.04
288	Narelle Calnan	Cronulla Leagues	25.45	28.50	3.05
289	Lisa Williamson	Coogee Diggers	28.00	31.06	3.06
290	Jane Watson	Ballina	21.00	24.13	3.13
291	Debbie Crowther	Cronulla Leagues	21.85	25.08	3.23
292	Angelina Kane	Bondi Junction Waverley	53.00	49.62	-3.38
293	Sylvia Mcgeechan	Nerang RSL	33.00	36.41	3.41
294	Alan Riley	Seven Hills	27.12	30.53	3.41
295	Jim Baird	Bellingen Diggers	22.00	25.44	3.44
295	Terry Sillet	Albury	25.00	28.44	3.44
297	Bronwyn Stanger	Southport	20.00	23.50	3.50
298	Max Kroehnert	Grafton	42.00	45.52	3.52
299	Graham Hayward	Nerang RSL	26.00	29.75	3.75
300	Bob Smith	Bondi Junction Waverley	33.00	36.78	3.78

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300	Shane Birdsall	Cronulla Leagues	24.59	28.37	3.78
302	Ken Webb	Nelson Bay Diggers	47.00	43.17	-3.83
303	Barbara Murphy	Cronulla Leagues	33.85	37.73	3.88
304	Wally Northcott	Coogee Diggers	41.00	36.98	-4.02
305	Nicole Lipscombe	Blacktown Diggers	37.50	33.41	-4.09
306	Lea Zuniga	Maroubra Diggers	56.00	60.28	4.28
307	Noel Markham	Manly Leagues	24.00	28.37	4.37
308	Jimmy Parker	Coogee Diggers	34.00	38.40	4.40
309	Walter Dietrich	Souths Juniors	31.00	35.60	4.60
310	Joan Lester	Southport	44.00	48.63	4.63
311	Gene Trim	Ballina	28.00	32.73	4.73
312	Gisela Weislehner	Coogee Diggers	35.00	39.91	4.91
313	Hilton Levy	Bondi Junction Waverley	29.00	34.08	5.08
314	Noel Ryan	Manly Diggers	37.00	31.82	-5.18
315	John Scanlan	Coogee Diggers	21.00	27.24	6.24
316	Craig Middlebrook	Seven Hills	50.50	56.92	6.42
317	Ken Flanagan	Ballina	32.00	38.97	6.97
318	Don Smith	Bondi Diggers	30.50	38.34	7.84
319	Robyn Fry	Manly Diggers	40.00	31.84	-8.16
320	Anne Meller	Bronte	38.00	29.65	-8.35
321	Erin Steward	North Bondi	58.00	66.55	8.55
322	Jill Hayward	Nerang RSL	33.00	42.03	9.03
323	Bob Williamson	Bronte	35.00	25.95	-9.05
324	Garry Bennett	Coogee Diggers	27.00	2.48	-24.52
	Anne Taylor	Bellingen Diggers	21.15		-21.15
	Bill Lee	Souths Juniors	32.25		-32.25
	Brian Havilah	Cronulla RSL	26.00		-26.00
	Bruce Houston	Manly Diggers	33.00		-33.00
	Cathy Henly	Wentworthville	71.50		-71.50
	Chris Clark	Cobar Yabbies	25.00		
	Chris Paul	Coogee Diggers	22.00		
	Claude Tattersell	Seven Hills	28.26		
	Dave Durrant	Southport	20.50		
	David Jones	Maroubra Diggers	26.00		
	Denis Woodland	Cronulla RSL	28.00		
	Garry Beresford	Ballina	21.00		
	George Fowler	Cobar Yabbies	29.00		
	Harley Toomey	Cobar Yabbies	40.00		
	Helen Trist	Bellingen Diggers	21.10		
	Janet Jenner	Ballina	24.00		
	Jason Brunton	Lismore Diggers	37.00		
	Jill Enks	Grafton	45.00		
	Joey Falla	Coogee Diggers	29.00		
	John Allen	Seven Hills	41.52		
	John Hennessy	Cronulla RSL	18.40		
	John Jenner	Ballina	26.00		
	John Kirkland	Cronulla RSL	23.00		
	John Schreinert	Twin Towns	24.00		
	Keiran Lynch	Grafton	21.00		
	Lauren Weatherman	Bronte	26.00		

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Place	Name	Club	Nom Time	Actual Time	Var
	Lesley Woodland	Cronulla RSL	26.50		
	Lisa Bennie	Lismore Diggers	19.00		
	Liz Andrews	Bondi Diggers	35.00		
	Liz Hoy	Bellingen Diggers	24.00		
	Margaret Mckeon	Cronulla RSL	24.55		
	Marj Smith	Southport	51.00		
	Max Sayer	North Bondi	25.00		
	Nicci Carter	Ballina	23.00		
	Nick Bennie	Lismore Diggers	32.00		
	Peter Bouchier	Nelson Bay Diggers	18.60		
	Peter Kane	Bondi Junction Waverley	27.00		
	Peter Payne	North Bondi	30.00		
	Peter White	Manly Diggers	37.00		
	Richard Bloomfield	Maroubra Diggers	25.00		
	Richard Sear	Grafton	22.00		
	Rodger Bruce	Gosford	17.50		
	Sean Henly	Wentworthville	19.60		
	Theresa Jacobson	Lismore Diggers	24.00		